



2021 Market Prices Individual Cuts

CUT	COST / 100 GRAMS	COST / POUND
STEAKS - GRILLING		
TENDERLOIN	\$6.48	\$29.50
PRIME RIB	\$3.19	\$14.50
T-BONE	\$3.19	\$14.50
STRIPLOIN (BONE-IN)	\$2.97	\$13.50
SIRLOIN	\$2.86	\$13.00
STEAKS - MARINATING		
FLANK & SKIRT	\$2.86	\$13.00
SIRLOIN TIP	\$1.98	\$9.00
TOP ROUND & ROULADIN	\$1.98	\$9.00
BLADE	\$1.98	\$9.00
SHANK	\$1.87	\$8.50
ROASTS		
PRIME RIB	\$3.19	\$14.50
EYE OF ROUND	\$2.31	\$10.50
SIRLOIN TIP / INSIDE ROUND / OUTSIDE ROUND (RUMP)	\$1.98	\$9.00
CROSS RIB (BOSTON) / BLADE	\$1.98	\$9.00
BRISKET	\$2.09	\$9.50
ORGAN MEATS		
LIVER	\$1.54	\$7.00
HEART	\$1.43	\$6.50
TONGUE	\$1.54	\$7.00
KIDNEY	\$0.77	\$3.50
OTHER CUTS		
EXTRA LEAN GROUND	\$2.09	\$9.50
LEAN GROUND	\$1.93	\$8.80
GROUND BEEF PATTIES	\$2.20	\$10.00
STEWING BEEF	\$2.04	\$9.30
BEEF CHEEKS	\$2.31	\$10.50
BEEF OX-TAIL	\$1.76	\$8.00
BRAISING RIBS	\$1.43	\$6.50
SOUP & MARROW BONES	\$0.77	\$3.50
ITALIAN SAUSAGE	\$2.53	\$11.50
SMOKED GARLIC SAUSAGE	\$3.08	\$14.00